

My Shaping Plan

What behavior will I teach? Describe the SEQUENCE of ACTIONS the learner will do with the OBJECTS. If the behavior involves cues, list the CUES that will be used.	
When kneeling on the floor and handed the strap/band, Peyton will pull down and move up the band 12 inches in both direction independently for 10 times consecutively without letting go of the strap.	
Component analysis	
Action	Teaching ideas
Pull down band	Shape distance using hand target
Move arm up w band	Shape distance using hand target and shape as a link in a chain after pull down movement is performed.
Other ideas for how to teach this behavior	
Teach unilateral pull downs when sitting, which is easier than standing	
Teach without any weight apart from the resistance from just the band	
Once the movement is independent and consistent, put into fluency training	
Outline of proposed shaping steps	
1) Pull down strap/band 2 inches	
2) Pull down strap/band 6 inches	
3) Pull down strap/band 12 inches to the chest level	
4) Pull down strap/band to chest level & then move up to 6 inches to nose level	
5) Pull down strap/band to chest level & then move up 12 inches from chest	
6) Pull down strap/band to chest level & then move up 12 inches from chest 5 times	
7) Pull down strap/band to chest level & then move up 12 inches from chest 7 times	
8) Pull down strap/band to chest level & then move up 12 inches from chest 10 times	
9)	
10)	