

My Shaping Plan

What behavior will I teach? Describe the SEQUENCE of ACTIONS the learner will do with the OBJECTS. If the behavior involves cues, list the CUES that will be used.

When sitting and a ball is presented, Peyton will pick up the ball, supinate and extend wrist, extend the shoulder backward 6 inches, engage in shoulder flexion forward 6 inches, and release the ball towards a bin or pins independently on 5 consecutive occasions.

Component analysis

Action	Teaching ideas
Move forearm downward	Make a target that is the size of forearm to allow stationing
Wrist supinate & extension	Use a separate target stick to shape after arm is stationed
Shoulder extension	Shape distance by moving yellow target strip back gradually
Shoulder flexion	Use the green target stick to shape forward distance

Other ideas for how to teach this behavior

Teach steps # 1 through 4 without the ball to reduce difficulty

Teach touch target stick to establish target stick as a target for touching hand

Chain the movements together. May need to isolate & practice certain components

Outline of proposed shaping steps

- 1) Move forearm 2 in to touch yellow target strip underneath
- 2) Stationing forearm on yellow target strip for 3 secs
- 3) Touch green target stick with finger
- 4) With step #2, wrist pronation & extension of back of hand to green target stick
- 5) While holding ball, pronate & extend wrist before touching forearm to target strip
- 6) Step #5 + shoulder extension 2 inches back towards yellow target strip
- 7) Step #5 + shoulder extension 4 inches back towards yellow target strip
- 8) Step #5 + shoulder extension 6 inches back towards yellow target strip
- 9) Step #8 + shoulder flexion 2 inches towards green target stick
- 10) Step #8 + shoulder flexion + release ball towards yellow target stick 2 feet away

11) Step #10 without targets

12) Step # 11 with fluency